



The Spa
AT DEERHURST

WHERE NATURE MEETS NURTURE



RELAX



*Enjoy the world's finest treatments
in a classic Muskoka retreat*





THE SPA AT DEERHURST

NATURE MEETS NURTURE AT THIS RETREAT FOR ALL YOUR SENSES

The Spa at Deerhurst is all about making you feel, and look, your absolute best. We're here to take care of you with services that will help you recharge, renew and beautify. Surrounded by the soothing contrasts of Muskoka's incredible landscape, we invite you to come on in, unwind, ask questions and get inspired.

Our team of professionals...therapists, estheticians, stylists and guest services...is ready to create the spa experience that meets your specific needs.

We've searched the world, gathering the finest ingredients, hottest products and latest techniques. Our treatments feature top naturally-derived brands. Our constant commitment, from the initial consultation to take-home recommendations – is to create fantastic results that you'll love.

The Spa at Deerhurst's signature line of products and services feature the soothing effects of locally harvested cranberries and honey, and are created in partnership with Soapstones located in Huntsville.

REPLENISH

BODY *Nourish your skin with nature's best ingredients.*

These hand-picked treatments help balance, moisturize, tone and detoxify, for a softer, sleeker self.

Muskoka Maple Sugar Body Polish

Don't miss this sweet and healthy treat. A deeply moisturizing and exfoliating scrub, enriched with Maple Sugar, vitamins E, B1, B2 and B3, AHA acids and essential minerals leaves skin noticeably softer and re-hydrated.

Tropical Saltmousse Body Glow

This super-softening treatment blends the indulgent hydrating benefits of cream with the fruit enzyme papain, one of the best exfoliators in the world, for truly supple, glowing skin.

Deerhurst Signature Body Scrub

Drive away dry and scaly skin. This gentle massage with our Signature line of Cranberry Honey products removes dull surface cells, improving circulation and revealing healthier skin.

Volcanic Mud Wrap

Try this ancient remedy for modern results. For centuries, highly micronized mud from the fertile valleys of Morocco has been used to heal unbalanced skin conditions including eczema and psoriasis. Get ready for skin that feels fresh, replenished and renewed.



Deerhurst Signature De-Aging Body Treatment

Rhassoul Clay is exceptional clay that can reduce dryness and flakiness, improve skin clarity and elasticity and is wonderfully detoxifying to the skin. It is rich in magnesium, silica, potassium and calcium and aids in rejuvenation and toning of the skin. With the addition of ground Muskoka cranberries and dried Deerhurst honey, this treatment is a sumptuous feast for the entire body.

Desert Heat Body Wrap

Find your passport to complete relaxation. This exceptional treatment delivers a holistic formula rich in copper, magnesium and zinc. As healing and nourishing minerals seep into your skin, a cocoon of warm heat encourages aches, pain, fatigue and stress to flow freely from your body.

Green Coffee Anti-Cellulite Body Treatment

Slim and firm your body with a powerful, targeted treatment. Using green coffee concentrate and activating gel, this wrap helps release toxins and eliminate water retention, giving trouble spots that smooth, hydrated look.

Crème Fraiche with Papaya & Pineapple

Fight the signs of premature aging and sun damage with this rich sensory treatment. Skin is deeply nourished and rejuvenated, visibly reducing crêpeiness and the appearance of wrinkles.

Add Volcanic Mud Scalp Treatment to any Body Wrap \$25



MASSAGE *Melt away stress and fight fatigue hands-on.*

Skillful massage therapy can restore your energy, boost your immune system and calm your mind.

Deerhurst Signature Massage*

Our Signature Cranberry Honey oil will send your whole body into a deep state of peace. A hot oil scalp massage, warm soothing neck wrap and foot treatment set this apart from other, ordinary relaxation massages. Unscented oil also available.

RMT Therapeutic Massage

Loosen up and target your most troubled muscles. Our highly skilled Registered Massage Therapists will customize this treatment to suit your individual needs. Focus on one area or several, just ask during your one-on-one consultation.

Mama Mia Pre-Natal Massage

Make some “me” time before the “wee” time. This full body massage features a special, bump-friendly table and techniques that relieve tired muscles, swelling, stress and sluggish circulation, so you can enjoy your great expectations.

Soothing Stone Indulgence*

This uniquely created treatment incorporates the best of both worlds. The warmth of hot stones and the therapeutic touch of your therapist create the ultimate relaxation.

Tension Relieving Trio*

Relaxation doesn't have to take long. Our deluxe chair massages and warms you while our therapist works on relieving the main tension holding areas, scalp, shoulders, hands and feet.



Reflexology*

Bring back balance. Using ancient techniques, this foot massage concentrates on pressure points to stimulate circulation, rid the body of congestion and relax sports or work-tortured tendons while detoxifying your entire body, down to the tips of your toes.

**Insurance receipt is not available for these services.*



RESTORE

FACE *Put your best face forward.*

Our modern approach to skincare includes customized facials and results-oriented corrective treatments.

Essential Facial Cleanse

Not sure what skin type or skin care you should be using? Need a quick glow for a special event? Our estheticians can refresh your skin in 20 minutes and give you recommendations for home care to make you feel great long after your spa visit.

Skin Repair Facial


Concerned about enlarged pores, lack of elasticity, dryness or wrinkles? Skin specific skin care is what this treatment is all about. We select cleansing and task masks to suit and soothe in this personalized facial for every face. May be booked as a Back Facial.

Zone Refining Facial

Eyes, lips, neck and décolletage are the first areas to show aging and require specific treatment. Tackle all four areas in this one intensive facial to reveal healthier and firmer skin.

Men's Pre-shaving Treatment

Make rough and irritated skin a thing of the past. This treatment hydrates and softens skin so shaving is close and free of irritation. Pevonia's specific line for men is uniquely formulated for the needs of male skin.



Luminous “C” & “Sea” De-Aging Treatment

Restore your youth. This treatment is designed to refine, smooth and reduce fine lines, strengthen skin elasticity and counteract photo aging using high potency vitamin C and freeze-dried seaweed. You’ll see immediate results.

RS2 - Rosacea Solution

Finally, a real solution for this skin condition. Healing ingredients like green tea, chamomile and licorice calm and visibly improve dilated capillaries, congestion, blotchiness and irritability. Includes ultra gentle cleansing, soothing serum and a lift-off mask. Recommended for anyone with rosacea or sensitive skin.

Caviar & Pearl Skin Rejuvenation

Save face with the ultimate defense against aging. Amino acid rich caviar extract, pearl extract and a revolutionary blend of phyto-extracts, Escutox, increase oxygenation and suppleness while dramatically reducing wrinkles. Recommended for all mature skin types.

Lacto-Flora Resurfacing Peel

Get beyond the surface for real results. The strongest of Pevonia’s peels, this natural flower acid treatment makes the skin’s layers start working harder at producing new collagen and elastin. Recommended for fine lines, sun damaged skin and pigmentation as well as oil and acne-prone skin.



FACIAL BOOSTERS *Make the most of your face time with these fantastic add-ons.*

Smooth & Plump Lip Treatment

Boost your smooch. This amazing add-on utilizes azaleic acid to lighten, shea butter and vitamin E to nourish, plus collagen and elastin to rejuvenate. An ideal addition to the Skin Repair Facial.

Ginkgo De-Stress Eye Wrap

Revitalize your eyes. Molding sheets containing ginkgo biloba soothe away puffiness. Strongly recommended for travellers, allergy-prone or fatigued eyes.

Eye Contour Therapy

Keep an eye on it. An ampoule of 100% pure, freeze-dried marine collagen visibly reduces wrinkles while upping microcirculation to dramatically diminish dark circles and puffiness.

REFINE

ESSENTIALS *Take care of all the details.*

Here are the services you just can't do without. We still make it feel like a "day at the spa," even if you only have an hour to spare.

The Quick Fix

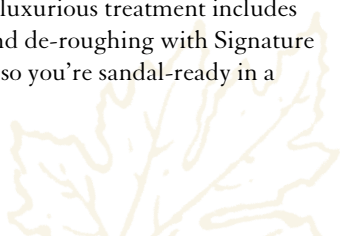
Make a fresh start with new polish and a moisturizing cuticle gel application. Hands or feet.

Deerhurst Signature Manicure

Get a perfect 10. Our most popular spa manicure is detail-driven. We soak, snip, shape, massage, pamper and polish with Signature Cranberry Honey products that brighten and soften hands.

Deerhurst Signature Pedicure

Give yourself a leg up. This luxurious treatment includes plenty of soaking, buffing and de-roughing with Signature Cranberry Honey products, so you're sandal-ready in a single session.



Muskoka Maple Manicure & Pedicure

How sweet it is! Deerhurst is known for its maple syrup harvests so these services incorporate the antioxidant benefits of bio-maple sugar to deliver deliciously smooth skin.

Deerhurst Signature “Helping Hand” Treatment

One of the most worked parts of your body deserves a break. You’ll feel like putty in our hands after the Cranberry Honey scrub, tension-busting massage and warming paraffin treatment topped off with deeply moisturizing therapy cream. Polish application not included.

Foot Rescue Therapy

Too embarrassed to have a pedicure? Don’t be. Let us rescue your feet from cracks, peeling and extreme dryness using intensive therapy products. Polish application not included.

Deerhurst Signature “Best Foot Forward” Treatment

Fast relief for tired, aching feet. Treat them to a Cranberry Honey scrub, massage, warm paraffin treatment and deeply moisturizing therapy cream. Highly recommended for those who work on their feet or post-flight. Polish application not included.

Ionic & Detox Foot Bath

Surprising soak. An ionic footbath is the most advanced, least invasive way to rid the body of toxins we breathe, eat and absorb. The water’s colour change shows the unwanted toxins that have been released. Improvements are seen throughout the body. (Ideal to pair with Reflexology)

Flutter Your Eyelashes

What an eye-ful. We offer a full range of lash and brow detailing services including tinting, brow shaping and lash extensions.

Wax On, Hair Off

No more stubble trouble. We perform quick, expert, and as painless as possible waxing and sugaring to remove unwanted hair. For best results, growth should be at least 1/4 inch in length.

TEEN TREATMENTS

Designed for the special skin needs of 12-18 year olds

SpaTeen Blemished Skin Facial 45 min | \$75

SpaTeen Preserving Facial 45 min | \$75

Spot Free Back Treatment 45 min | \$75

Make-up 101 45 min | \$55

Frame your Face Eyebrow Shaping 20 min | \$25

Shine and Buff Manicure 20 min | \$40



HAIR & MAKE-UP *Feel good, look great*

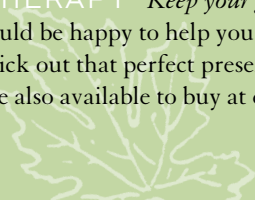
Our experts complete your look with styling and make-up application – from fresh cuts and colour to special occasion looks and restorative treatments. Ask for pricing details.

BRIDE GUIDE *Icing on the cake*

Getting ready is half the fun! In addition to formal hairstyles, make-up and manicures, we have put together treatments and packages to help you, your groom and the wedding party relax and prepare for your big day. Ask for more details and pricing.

RETAIL THERAPY *Keep your glow going at home*

Our team would be happy to help you select follow-up products or pick out that perfect present. Spa gift certificates are also available to buy at deerhurstresort.com





Muskokahhh...

Here in a land of a thousand lakes
discover our classic resort.
Here too find a spa experience that
transports you to a place of inner
renewal and external wellbeing.



TREATMENTS | GETAWAY PACKAGES | GIFTS

1-800-461-4393 or (705) 789-6411

deerhurstresort.com/spa



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